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## CAREER SNAPSHOT

### Lymphoma Australia Advisory Board Member

since January 2014

### Institute of Human & Corporate Transformation Owner & Director

since March 2003

The Institute provides corporate advisory and facilitation services. Clients have included AMP, PwC, Citibank, IBM, Westpac, Human Group, MTV, Symantec, Oporto, Core Private Wealth, TAL, the Cancer Council, Chris O'Brien Lifeline, Lifeline, Kaplan & Melon Media,

### Lees, Arbiter & Associates

Owner & Director

1991 - 2002

Financial planning firm.

# MEIRON LEES

## KEYNOTE SPEAKING

My expertise spans across diverse industries with deep experience in the financial services and health sectors. Clients in the financial services sector have included AMP, Westpac, PwC, Citibank, IAG and TAL. In the health sector I have worked with the Cancer Council, Lifeline, Lymphoma Australia, Chris O'Brien Lifeline and Golden Door.

## KEY POINTS

- Meiron is one of Australia's leading presenters and award winning author of D-Stress, Building Resilience in Challenging Times
- The publication won gold as the No 1 self development book in the US in 2010 in the Independent Publishers Book Awards
- Living in the midst of violent crime in South Africa and having been attacked himself Meiron is passionate about helping others build resilience to the constant demands of daily and working life.

## BIOGRAPHY

Meiron is a keynote speaker, advisory board member and corporate adviser specialising in the areas of resilience, building trusting relationships and behaviour change.

His unique Red Card technique has enabled thousands of employees worldwide to triumph over their challenges and better manage their stress.

Through his keynote addresses and workshops he shares practical strategies that can be immediately applied.

He is a business owner, entrepreneur and wine enthusiast and has recently engaged his corporate facilitation skills in developing his unique and inspirational corporate wine tasting events.

## PRESENTATION TOPICS

- 7 Laws of Success from Nelson Mandela
- Building Resilience – Eat grass or run for your life
- How to Build Trusting Relationships
- The Science of Behaviour Change
- D-Stress in the Workplace

## WORKSHOP TOPICS

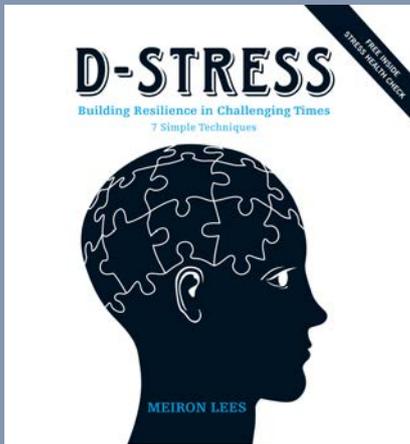
- Building Resilience in the Workplace
- How to Build Trusting Relationships
- The Science of Behaviour Change
- D-Stress Selling in Tough Times

## TEAM BUILDING

- Wine Tasting Events

## EXECUTIVE COACHING/MENTORING

- Leadership
- Strategic Development
- Risk Management



I am the author and publisher of *D-Stress: Building Resilience in Challenging Times*, which won Gold at the 2010 Independent Publishers Book Awards as the USA's No.1 self-development

- Sales Mastery
- Behaviour change

## KEYNOTE AND WORKSHOP CATEGORIES

Business, Health & Lifestyle, Inspirational, Teamwork, Motivational

## TESTIMONIALS

Meiron Lees' presentation received the highest rating from our 1000 delegates. He is a highly engaging speaker whose energetic presentation inspired our audience to be catalysts for transformation within their organisations

### HR Summit (Asia Pacific)

Meiron has been an eager contributor to AITD's conferences and events and the information he presents always hits the mark. His presentations are engaging, lively and most importantly contain essential messages for all managers and leaders.

### Australian Institute of Training and Development (AITD)

Meiron is a true professional. His knowledge of the financial services industry in Australia and as well as abroad coupled with his professional expertise and experience has made a profound impact. I have worked with Meiron for over three years and can only speak highly of his professionalism and absolute commitment to deliver at the highest level. I would highly recommend Meiron to work with your organisation.

### Charl du Plooy, National Dealership TAL

## PRESENTATION REQUIREMENTS

Lapel microphone

Laptop, projector and screen

Audio visual equipment

Wireless clicker

Floor monitor

Access to venue one hour prior to event